SIGNS OF HARM

CIRCLE PRACTICE RULES of ENGAGEMENT

- Mic goes around in our center circle.
- Step up behind someone who already spoke to take their seat and speak when it is your turn in the circle
- Speak until done, nobody interrupts you
- What is said here stays here, what is learned here leaves here (confidentiality)
- Listen actively and with respect

Part 1: SHARING the NOW: What happened to you?

- Share your own experience. I did, I felt, I saw...
- Listen from a non-reactive place, listen to the emerging future.

Part 2: EXPLORING the COLLECTIVE RESONANCE FIELD: What is the source for this hurt?

- What (historical) events are activated through signs of harm?

Part 3: HARNESSING the POWER of COMMUNITY: Where do we go from here?

- What are the signs of care you have experienced?
- How do we honor the plurality of experience in our community?
- How do we harness privilege toward care for all?

