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When I was growing up, reading and writing was not my passion for the simple fact that I wasn't really great at expressing myself on paper. Yet, I became amazed with music and how all the song lyrics expressed such powerful messages, meaning and emotions just behind one's song. Music can be beyond words and language can be expressed by the language behind the music through emotions and expressions.

I knew words were powerful from simply saying I love you to I hate you. Those words you express to someone can change that relationship you have with that person. It's crazy how words can be expressed so beautifully, to becoming unpleasant quickly because people can use words to try to hurt others. Words can be used like a sword to damage someone. It open my eyes to show me how words can be written in music in such a delightful way and meaningful way, where you can hear the messages and the expressions like their experiences, their pains and emotions in behind one's voice through words in their lyrics.

There was an artist that had a big influence on me. Her name is Jhene Aiko. What I love about her is she expressed what she was going through relationship wise and mentality for herself to learn to be strong for herself and I related to her deeply in that way because I feel as a woman, can we forget about putting ourselves first and instead of another when you start to get into a relationship with someone. I remember, when I was in high school I was a junior at the time I was talking to someone I had deep feelings for at the time. We were speaking to each other for almost a year and we had a relationship where we were good friends and I basically could be myself around him but we both knew we couldn't just have a friendship because we both cared about each other more than just a friend, yet we both wanted contrasting ideas of what we wanted from each other at the time.

One song I listening while I was going through this situation was the song The worst by Jhene Aiko there was a lyrics I felt her when she said *“You said that you would come again, You said that we would remain friends but you know that I do not depend on Nothing or no one So why would you show up?”*

I was Meditating in my head, the situation in my mind like *why is he acting like he cares for me, knowing I don't depend on others for anything, so why?, just why is he acting like he does because it's clear his intentions are somewhere else and honestly, I don't have the patience for this bullshit. He knows my intentions are pure, for him but they are not the same as it is for me. Like I felt like time went on pause because it felt like I was in the same place not being able to flourish for myself.*

At this point in my life I knew I had to put myself first and end what I had with him, because there was no point in holding on to something knowing we had two different ideas of what we wanted with each other. I left and we went our separate ways because we no longer connected the way we once did. Another piece Jhene pieced Beautifully was her song “None of your concern” when she said *It's none of your concern anymore None of your concern Is it even worth it at all? Is it even worth it? Is it gonna work anymore? Is it gonna work? Am I being heard anymore? Am I being heard? (Nah yeah). I felt it was no longer his concern of what I was doing anymore because we were not speaking terms and when he responded what you doing or how you been I knew it was done and over with because the connection with us and I was implying that Aixa it's ok to let go because people grow out each other and it's okay to let go if it doesn't work anymore.*

Music helped me through the words behind of the lyrics because it expressed my feelings and helped me analyze and realize the problem in front of me and handle my emotions better an Artist that helped my Flourish my mind was Jhene because the lyrics

were well spoken to speak to me and help me understand and express my feelings better having to with relationships with people.